

Table of dubious techniques reported to the French national council of the order of physiotherapists

Non-exhaustive report on techniques not recognized by the French national council of the order of physiotherapists, and reported as having been administered by physiotherapists.

The techniques in this table have not been scientifically validated in the field of physiotherapy and are not recognized by the national council. They are not recognized as specialties or professional qualifications. Physiotherapists are not authorized to use these techniques, and the national council of the order of physiotherapists does not authorize their use in the treatment of patients.

These techniques have either been the subject of a report by a scientific body or a public authority, or a decision issued by a panel on disciplinary matters, which has recognized their dubious or potentially misleading nature.

Finally, the techniques listed in the table in the appendix, which have not been the subject of any study, opinion or ruling by the courts, must nonetheless be treated with the utmost vigilance.



Yellow indicates techniques that have been the subject of a warning in the MIVILUDES guide on “Santé et dérives sectaires” (Health and sectarian aberrations)

and/or techniques cited by MIVILUDES in an activity report

and/or techniques qualified by an authorized public authority as specious or likely to be specious and/or considered a dubious practice requiring vigilance

and/or techniques that have been the subject of scientific studies which have not been able to demonstrate the effectiveness of these techniques

and/or techniques which have been the subject of an opinion relating to professional ethics issued and published by the national council of the order of physiotherapists.

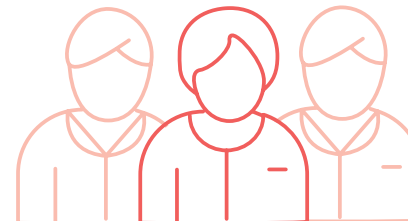
and/or techniques whose use by a physiotherapist has been subject to sanctions by the Disciplinary Chamber



Orange indicates techniques to which two of the three items listed above apply.



Red indicates techniques to which three of the items listed above apply, as well as techniques that have been the subject of an opinion issued by the national council.



 Theoretical corpus: Energy healing techniques drawing on the principles of “vitalism”, which claims to stimulate so-called “vital” energy leading to self-healing

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>MICROKINESITHERAPY</p> <p>Also known as Progressive Manual Therapy (PME)</p> <p>Co-founders Daniel Grosjean and Patrice Bénini, Osteopaths</p>	<p>A vital rhythm is claimed to pass through human tissues, where traces of traumatic events are believed to be stored, which the practitioner claims they can detect by applying their hands to the body, and which he or she could influence in order to have an effect that leads to healing (principle of self-regulation).</p>	<p>Multiple indications: various forms of trauma or stressors (traumatic, toxic, infectious, psychological, etc.) suffered by the patient.</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery. • Technique grounded in outdated reasoning and influenced by so-called “exotic” traditions. • Lack of logical, rigorous care protocols. • Centered around a single individual, to the point of bordering on a personality cult. • Technique with spiritual or religious references (e.g. “We want the technique to be a part of God’s great plan”). • An empirical claim not amenable to scientific evaluation. • Assumes that a single technique can be used to treat all types of disorders. • Technique that relies on the practitioner’s intuition and feelings, based on the “vital force” of energy. 	<ul style="list-style-type: none"> • A critical analysis by CORTECS concluded that there is no proof of its effectiveness – the report states that the technique is founded on unverified assumptions and employs pseudoscientific criteria. • Technique cited in the MEZARD report no. 480 “<i>Dérives thérapeutiques et dérives sectaires: la santé en danger</i>” (Therapeutic and sectarian aberrations: a danger to health); Report resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. 	<p>✓Opinion of the national council no. 2018-05 relating to therapeutic aberrations.</p> <p>✓Opinion of the national council no. 2020-01 relating to microkinesitherapy.</p>	<p>✓Ruling no. 440021 of February 19, 2021 by the State council</p> <p>✓Disciplinary judgment no. GE 06-2020 of July 08, 2021.</p> <p>✓Ruling no. 455120 of December 20, 2022 by the State council</p> <p>✓Decision of the National Disciplinary Chamber no. 072-2022 of October 16, 2023</p>

 Theoretical corpus: Energy healing techniques drawing on the principles of “vitalism”, which claims to stimulate so-called “vital” energy leading to self-healing

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>FASCIATHERAPY</p> <p>Danis Bois Method Osteopath</p>	<p>Technique aiming to “maintain and/or restore the balance of the fascia in the body” using the hands only, and which is claimed to target the root causes of a dysfunction. According to its founder: “This bodily awareness manifests as an inner movement” and “As in osteopathy, we believe that there is a natural self-regulatory force in the body.”</p>	<p>Multiple indications The technique is said to help relieve muscular or joint tension, release blockages, reduce stress, ease suffering and improve breathing. It is also claimed that fasciatherapy improves flexibility, coordination, and overall movement. It reduces everyday stress.</p>	<ul style="list-style-type: none"> • Personal discovery. • Approach based on the concept of holism. • Non-structured approach based on perceptions and feelings. • Contains much vague or esoteric rhetoric: “pulsology”, “somato-psychic tuning”, “infra-psychic life”, “natural self-regulating force”, etc. • Technique based on the practitioner’s “feelings”, which draws on the “vital force” inherent in energy. 	<ul style="list-style-type: none"> • Technique cited in the MEZARD report no. 480 “<i>Dérives thérapeutiques et dérives sectaires: la santé en danger</i>”; Report resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. 	<p>✓Opinion of the national council no. 2018-05 relating to therapeutic aberrations.</p> <p>✓Technique listed in the information and prevention guide on therapeutic aberrations.</p>	<p>✓Ruling no. 364750 of December 08, 2014 by the State council.</p> <p>✓Decision of the National Disciplinary Chamber no. 099-2022 of October 16, 2023</p>

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<p>BIOKINERGY</p> <p>Michel Lidoreau, Osteopath</p>	<p>This practice is based on the “transverse spiral tissue coil”: a coil of tissues that is said to form as a result of energy-related disturbances that leave traces caused by blockages.</p>	<p>Various and vague therapeutic claims: pain, stiffness, inflammation, after-effects of trauma, acute and chronic rheumatic conditions, neuralgia, static disorders (scoliosis, kyphosis, bow legs, etc.), as well as respiratory, circulatory and organic disorders (colitis, constipation, painful menstruation, headache, spasmophilia, etc.), occlusal and cranio-dental imbalances, etc., psychological disorders (depression, insomnia, stress, etc.), or disorders and stress having a psycho-emotional origin. Biokinergy is also recommended for treating children with functional disorders (regurgitation, learning difficulties, otitis, frequent ENT problems, etc.).</p>	<ul style="list-style-type: none"> • Approach based on the concept of holism which merges several concepts from a number of controversial disciplines (“energetic” osteopathy, traditional Chinese medicine, reflexology, acupuncture, etc.). • Approach based on the practitioner’s perceived feelings. • Numerous concepts endogenous to the practice. 	<ul style="list-style-type: none"> • Critical analysis conducted by CORTECS which stated “<i>An analysis of the scientific literature on biokinergy concluded that its therapeutic efficacy remains unproven.</i>” • Technique cited in the MEZARD report no. 480 “<i>Dérives thérapeutiques et dérives sectaires: la santé en danger</i>”, resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. 	<ul style="list-style-type: none"> ✓ Opinion of the national council no. 2018-05 relating to therapeutic aberrations. ✓ Opinion of the national council no. 2014-03 relating to biokinergy. ✓ Technique listed in the information and prevention guide on therapeutic aberrations. 	<ul style="list-style-type: none"> ✓ Decision of the National Disciplinary Chamber no. 040-2019 of August 7, 2020 ruling that it be struck from the register of the Order.

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<p>REIKI</p> <p>Mikao Usui Buddhist monk</p>	<p>Reiki is a Japanese practice based on principles of vitalism. It involves the laying on of hands to channel or stimulate a supposed vital energy.</p>	<p>Multiple claims - Reiki aims to “support patients with illness and pain”.</p>	<ul style="list-style-type: none"> Practice described as “new and exotic, and based on fundamental principles about which little is known” in MEZARD report no. 480 resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. 	<ul style="list-style-type: none"> Practice cited in the 2015-2016-2017 MIVILUDES activity reports on observations of the sect-like phenomenon in those years. Practice described as a “psychologizing method” by MIVILUDES on the website www.derives-sectes.gouv.fr Practice cited in the MEZARD report no. 480 “<i>Dérives thérapeutiques et dérives sectaires: la santé en danger</i>,” resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. Technique cited in the 2021 MIVILUDES activity report in relation to sect-like aberrations in figures, as observed by MIVILUDES. 	<p>-</p>	<p>✓<u>Decision of the National Disciplinary Chamber no. 014-2016 of July 25, 2017.</u></p>

 **Theoretical corpus: Energy healing techniques drawing on the principles of “vitalism”, which claims to stimulate so-called “vital” energy leading to self-healing**

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>THE POYET METHOD</p> <p>Developed by Maurice-Raymond POYET</p>	<p>The POYET method is presented as a manual therapy, combining osteopathy and Chinese medicine. The stated aim of this method is to rebalance the body through light touch. The POYET method claims to be based on primary respiratory movement (PRM). This is said to be a rhythmic, synchronous micromovement that animates all the body’s tissues. A practitioner of the POYET method is said to be able to listen to the micromovements of each bone and organ with the aim of restoring the body’s equilibrium. A Poyet session would always begin with a cranial diagnosis, the theory being that respiratory micromovements initially manifest themselves in the cranium. The practitioner gently and precisely touches the skull with their hands to listen to the PRM. They can then treat different structural levels, mainly from the sacrum and extremities (hands, feet).</p>	<p>The POYET method is presented as a therapy which is used to correct:</p> <ul style="list-style-type: none"> - osteoarticular, muscular or ligament imbalances; - tendon inflammation; - visceral blockages; - certain types of chronic pain. <p>It is thus described as being able to treat a variety of ailments: backache, nervous system disorders, menstrual pain, digestive disorders, migraines, vertigo, ENT problems, sleep disorders, etc.</p>	<ul style="list-style-type: none"> • Self-inspired discovery • No scientific validation • Use of the concept of self-healing • A holistic approach which claims to have an affect on a wide range of disorders, which could create a risk of confusion in the public mind, particularly if the method is perceived as a substitute for conventional medical treatment 	<ul style="list-style-type: none"> • Technique cited in MEZARD report no. 480 “Dérives thérapeutiques et dérives sectaires: la santé en danger”, resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. The report provides an overview of the scale of the “alternative medicine” market and refers, in particular, to the website http://www.annuaire-therapeutes.com/, published by the “Profession thérapeute” periodical which lists “15,000 practitioners working in alternative medicine”. IN this regard, it includes the practice known as “The Poyet method: listening to the body”. 	<p>-</p>	<p>-</p>

> Theoretical corpus: "Energy healing" techniques that aim to stimulate the energetic state of the human body

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>"REGENERE" COACH</p> <p>Thierry Casasnovas. Social media influencer - creator of over 1,000 videos between 2010 and 2020</p>	<p>Nutritional advice - Rejection of conventional medicine Diseases are claimed to be caused by diet.</p> <p>The approach involves following dietary advice claimed to cure disease (e.g., raw food diets as preventive and curative, extreme dry fasting "until the breaking point", using coconut water as a substitute for breast milk).</p> <p>The founder completely rejects conventional medicine, along with any treatment resulting from it (e.g. rejecting vaccines, equating chemotherapy to a "massive poison").</p>	<p>Healing is said to be obtained through "natural health care", which is available to everyone, without exception, including for patients with severe diseases (e.g. the founder claims that he can "cure all diabetics in 20 minutes").</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery. • Its founder claims to have cured himself of serious diseases by developing and experimenting with this method on himself. • Openly rejects conventional medicine. • Promotes extreme dietary practices, including prolonged fasting "until the breaking point". • Claims that the method can cure both minor ailments and serious illnesses. • Some patients reportedly refused conventional treatment while following the REGENERE method. 	<ul style="list-style-type: none"> • Technique cited in the 2021 MIVILUDES activity report on practices that can involve undue mental influence. 	<p>-</p>	<p>-</p>

> Theoretical corpus: "Energy healing" techniques that aim to stimulate the energetic state of the human body

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<p>"RAINBOW" METHOD</p> <p>Thierry Casasnovas. Social media influencer - creator of over 1,000 videos between 2010 and 2020</p>	<p>Energy healing technique that aims to "relieve stress in order to restore balance to the body as a whole."</p> <p>Practice that applies the "universal language of color".</p> <p>Use of a five-tool process, which includes the therapist applying pressure to the symptom site, breathing exercises and practices to visualize not only the pain, but also people who are deceased.</p>	<p>General indication: Used as part of a process to improve a person's performance</p> <p>In a "therapeutic" context, it aims to treat physical ailments and psychological disorders.</p>	<ul style="list-style-type: none"> • The technique's effectiveness has not been scientifically validated. • Approach using visualization and vague mental projection ("visualizing the image of a rainbow connecting the patient's heart to the heart of another person, whether living or deceased, or to themselves at a specific time in their life, along with deep, voluntary exhalation, while the therapist applies pressure with his or her fingers to the painful area"). 	<p>-</p>	<p>-</p>	<p>✓ <u>Decision of the National Disciplinary Chamber no. 009-2017 of November 29, 2018.</u></p>

> Theoretical corpus: "Energy healing" techniques that aim to stimulate the energetic state of the human body


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<p>SHANTALA MASSAGE</p> <p>Dr Frédérick Leboyer, Obstetrician and Gynecologist</p>	<p>"Shantala massage" is derived from "Ayurveda", a traditional non-conventional medicine originating in India. It consists of a massage, using circular and downward movements and applying medium pressure, on infants and children, using heated oil and/or a flour ball. The massage is presented as a way to "set in motion" or "reorganise the organs", purify "the subtle channels", promote "energetic rebalancing", stimulate the child's cerebral plasticity and cognitive abilities, meet the primitive needs of the newborn, bring physical and emotional well-being, enable parent-baby communication. The massage is performed mainly on the stomach, arms and legs, but some training courses or websites promoting the technique recommend it for the head and face.</p>	<p>Multiple claims: relieves colic, growing pains, teething troubles; improves the immune, digestive and neurological systems; reduces post-partum depression.</p>	<ul style="list-style-type: none"> • Hypothetical technique based on an idea by its founder. • No scientific validation. • Use of pseudo-scientific wording, employing abstract or unproven concepts such as "subtle channels", "set in motion and purify the organs", "stimulate cerebral plasticity", etc. • Technique that is claimed to provide a definitive solution to all kinds of problems, whether physical or psychological issues. 	<ul style="list-style-type: none"> • Ayurveda is cited in the 2022-2024 MIVILUDES activity report on sect-like phenomenon related to "new forms of spirituality". • The MIVILUDES 2010 activity report gives examples and analyses of unrecognised training courses sold without prerequisites or with prerequisites that can only be obtained from their promoters – "in-house" diplomas claiming to "qualify" which borrow certain methods including Indian Ayurvedic medicine. 	<p>-</p>	<p>-</p>

 Theoretical corpus: Method primarily inspired by the energetic concepts of acupuncture that is claimed to have a “vibratory” element

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>VISCERAL OSTEOPATHY</p> <p>Co-founders: Jacques Weishenck Jean Pierre Barral Pierre Mercier Osteopaths</p>	<p>The practitioner is said to use palpation to perceive changes in the structures of a solid organ or a hollow viscus through the abdominal wall</p> <p>(expansion or contraction, hardness or softness, changes in its shape, position or movement).</p> <p>Mobilization of the organ is claimed to reduce these structural changes and relieve disorders affecting this organ.</p>	<p>Broad-ranging: the technique aims to treat all dysfunctions of the abdominal organs (According to the clinical cases presented by Jacques Weishenck: mucomembranous enterocolitis, stabbing pain in the right shoulder, asthma attack with abdominal pain, nausea, vomiting, bloating, hemorrhagic colitis, depression, neck pain, back pain, cervicobrachial neuralgia and epigastric pain).</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery. • While visceral osteopaths have appropriated valid physiological and biomechanical concepts (such as the mobility and dynamics of viscera, the fact that intra-abdominal pressure can vary, and the fact that intra-abdominal organs are elastic), all these phenomena are known to the medical-scientific community and none of them have been discovered by an osteopath. • There is no scientific evidence supporting concepts specific to visceral osteopathy. Visceral osteopaths misuse the concept of “visceral ptosis”, by drawing on an outdated theoretical basis. • In addition, the reasoning behind an “osteopathic chain” which is used in various concepts by all visceral osteopaths, without producing tested hypotheses or ones which could be tested through experiments, currently appears to be more of an intellectual construct, combining anatomical and biomechanical elements with occasional <i>new age</i> concepts. • Thus, there is currently no evidence suggesting that visceral osteopathy possesses a coherent scientific basis, either theoretical or empirical. 	<ul style="list-style-type: none"> • Technique evaluated by INSERM, whose report of April 30, 2012 concluded its effectiveness to be highly contentious. • Subject of a study conducted by CORTECS, whose 2016 report (published in 2018) came to the same conclusion. • Press release published by the Académie Nationale de Médecine (French National Academy of Medicine) on December 3, 2024 	<p>✓Opinion of the national council no. 2018-02 relating to visceral osteopathy.</p>	<p>-</p>

 **Theoretical corpus: Application of the concept of quantum physics to the human body which is claimed to have an effect on material and vibratory entities.**

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>CRANIAL OSTEOPATHY</p> <p>Todd Sutherland, Osteopath</p>	<p>Based on the concept of the "primary respiratory movement", a supposed rhythmic motion of the cranial bones, whose disruption is claimed to lead to various disorders.</p>	<p>Broad in scope: aims to enhance general health without addressing any specific condition.</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery. • Cranial practices can be categorized into two main conceptual approaches, on a French and international scale, which are aligned with Sutherland's teachings: <ul style="list-style-type: none"> - an approach that can be described as "biomechanical", which aims to validate its concepts scientifically. - an approach that is described by its practitioners as "biodynamic", with little (or no) inclination to validate its concepts scientifically, and often incorporating mystical notions, such as the "Breath of Life" introduced by Sutherland. 	<ul style="list-style-type: none"> • Technique that has been the subject of a report by CORTECS, published in January 2016, which concludes that the theory has "no scientific basis". cortecs.org/superieur/evaluation-des-pratiques-utilisees-par-des-kinesitherapeutes-losteopathie-cranienne/ • Press release published by the Académie Nationale de Médecine (French National Academy of Medicine) on December 3, 2024 	<p>✓Opinion of the national council de l'Ordre of March 24, 2016 relating to cranial osteopathy.</p>	<p>-</p>

 **Theoretical corpus: Application of the concept of quantum physics to the human body which is claimed to have an effect on material and vibratory entities.**

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>INTEGRATIVE QUANTUM THERAPY</p> <p>Frédéric Pain and Christophe Pain, Osteopaths</p>	<p>According to the founders, diseases are not something that people catch. Whatever form they may take, it is claimed that subjects develop them. Living things are said to be governed by the same laws as elementary particles.</p>	<p>Broad-ranging: Integrative Quantum Therapy is claimed to lead us on <i>"the path to healing, whatever form our illnesses take."</i></p>	<ul style="list-style-type: none"> • Claims to treat the "deep, archaic roots" of diseases. 	<ul style="list-style-type: none"> • Quantum medicine is regularly cited by MIVILUDES (see activity reports from 2015 and 2016-2017). • The term "quantum" is part of the <i>"lexicon of the most widely-used methods"</i> in the <i>"Health and sectarian aberrations"</i> guide produced by MIVILUDES. • Technique referenced by the guide in relation to therapeutic aberrations. • Treatments based on quantum physics are broadly targeted by the MEZARD report resulting from the study by the Senate commission of inquiry on the influence of sectarian movements in the field of health. 	<p>-</p>	<ul style="list-style-type: none"> ✓ Decision of the National Disciplinary Chamber of the Order of physiotherapists no. 018-2016. ✓ Decision of the National Disciplinary Chamber of the Order of physiotherapists no. 019-2016. Decision of the National Disciplinary Chamber of the Order of physiotherapists no. 042-2024.

 **Theoretical corpus: Application of the concept of quantum physics to the human body which is claimed to have an effect on material and vibratory entities**

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<p>VIBRATORY TRANSMISSION</p> <p>Pascal Lefevre Physiotherapist</p>	<p>Vibratory Transmission is said to exploit the potential of a subject to use his or her "Energy of Life", by increasingly receiving this energy consciously and voluntarily.</p>	<p>Broad-ranging: Vibratory Transmission is claimed to help the individual to gradually access a "normal" state of physical, psychological, emotional, energetic, evolutionary and intuitive functioning.</p>	<ul style="list-style-type: none"> • Personal discovery of its creator. • This approach is based on a summary of observations made during the founder's private therapeutic practice from 1985 onwards and, subsequently, during his practice as an energy therapist. 	<ul style="list-style-type: none"> • Technique covered in the "<i>Health and sect-like aberrations</i>" guide produced by MIVILUDES (focusing on the "vibratory aspect" as an identifying characteristic of a method's charlatan-like approach. A "therapist" who applies this practice can therefore be defined as a "sect-like pseudo-therapist"). • Frequent warnings issued by MIVILUDES relating to techniques based on vibrations and other vibratory frequencies (particularly when used for therapeutic purposes). 	<p>-</p>	<p>-</p>

 Theoretical corpus: Reflex stimulation of organ functions

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>AURICULOTHERAPY</p> <p>Founder and promoter: Dr. Paul Nogier</p>	<p>Therapeutic approach that uses the auricle for therapeutic purposes. According to Dr. Paul Nogier, each zone of the body corresponds to a precise point on the ear, and pricking these points with a short, one-millimeter-thick needle causes “a sharp pain, while at the same time resulting in sedation or curing of the disease affecting the corresponding organ.”</p> <p>Applying pressure to these points is believed to help identify areas of tension and restore balance to the corresponding body regions.</p>	<p>Various conditions: pain, addiction, allergies, anxiety- and depression-related disorders, and other functional disorders.</p>	<ul style="list-style-type: none"> • Although often presented as an ancient practice, there is no correlation between a technique’s longevity and its effectiveness. • Self-oriented personal discovery. • The technique has not been scientifically validated 	<ul style="list-style-type: none"> • In 2013, INSERM declared that no sufficiently rigorous scientific studies had been conducted to conclude with certainty that auriculotherapy was more effective than other, more conventional alternatives (https://www.inserm.fr/wp-content/uploads/2017-11/inserm-rapportthematique-evaluationefficaciteauriculotherapie-2013.pdf) 	<p>-</p>	<p>-</p>

 Theoretical corpus: Reflex stimulation of organ functions

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<p>TOMATIS® developed by Dr. Alfred TOMATIS</p>	<p>This technique is said to be based on a "neurosensory stimulation" program that is intended to improve motor, emotional, and cognitive functions by means of music and spoken language listened to using "audio monitored electronic" devices. This would involve stimulating the inner ear by exposing the individual to specific frequencies.</p>	<p>Improves three basic functions of the ear: balance, energy levels transmitted to the brain and listening ability. The Tomatis method is, in particular, intends to treat:</p> <ul style="list-style-type: none"> ● hearing problems ● ADD/ADHD ● sensory disturbances ● speech and language disorders ● autistic disorders ● learning disabilities ● motor disorders 	<ul style="list-style-type: none"> ● A discovery inspired by the founder himself ● The technique has not been scientifically validated ● Widely promoted and followed on the Internet ● Expensive technique 	<ul style="list-style-type: none"> ● In March 2012, in a recommendation for good practice relating to autism and other pervasive developmental disorders, the French health authority (Haute autorité de santé) specified that: "So-called 'auditory integration' practices, including the Tomatis method, have been shown to have no effect; they are not recommended for children/ adolescents with pervasive developmental disorders." (https://www.has-sante.fr/upload/docs/application/pdf/2012-03/recommandations_autisme_ted_enfant_adolescent_interventions.pdf). ● Consulted on the scientific value of this method, the Académie Nationale de Médecine (French National Academy of Medicine) concluded in an opinion dated November 20, 1989 that it presented "no serious character from a scientific point of view", and that the results of treatments carried out using this technique "have never been able to be tested accurately and remain highly debatable." (https://questions.assemblee-nationale.fr/q9/9-61914QE.htm) 	<p>-</p>	<p>-</p>

 Theoretical corpus: Energy healing techniques drawing on the principles of "vitalism", which claims to stimulate so-called "vital" energy leading to self-healing

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>APPLIED KINESIOLOGY AND ENERGY KINESIOLOGY</p> <p>Georges Goodheart, Chiropractor, for applied kinesiology and John Thie, co-founder of "Touch for health", from which energy kinesiology originated</p>	<p>The technique applies manual muscle testing to assess any imbalances in the subject. These disorders are said to be relieved by stimulating precise anatomical points.</p>	<p>Disorders relating to the neuro musculoskeletal system.</p>	<ul style="list-style-type: none"> • The nature and implementation of manual muscle testing (a tool common to all kinesiologists). • This test involves assessing the "tone" of a given muscle, and, according to kinesiologists, this tone corresponds to the subject's energetic state. • The subject is placed in a position determined by the therapist, who applies very slight resistance as the muscle is contracted. If resistance is applied, the subject is expected either to maintain the position (indicating no issue) or to "let go" (interpreted as a dysfunction). • <i>This is considered an energetic test and should not be confused with strength testing, which is a standardized neuromuscular evaluation tool in physiotherapy.</i> 	<ul style="list-style-type: none"> • Practice cited in the 2016-2017 MIVILUDES activity report on observations of the sect-like phenomenon in those years. • Practice described as a "psychologically oriented method" by MIVILUDES on the website www.derives-sectes.gouv.fr • Technique cited in the MEZARD report no. 480 "Dérives thérapeutiques et dérives sectaires: la santé en danger", resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. • Subject of an expert scientific assessment by INSERM which, in its report, concluded that the technique is controversial. www.inserm.fr/wp-content/uploads/2017-12/inserm-rapportthematique-evaluationkinesologies-2017-0.pdf • Technique cited in the 2021 MIVILUDES activity report on practices that can involve undue mental influence. 	<p>✓Opinion of the national council no. 2013-03 relating to kinesiology.</p> <p>✓Opinion of the national council no. 2018-05 relating to therapeutic aberrations.</p> <p>✓Technique listed in the information and guide for prevention of therapeutic aberrations.</p>	<p>-</p>

> Theoretical corpus: "Energy healing" techniques that aim to stimulate the energetic state of the human body

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>EMOTIONAL FREEDOM TECHNIQUES</p> <p>Roger Callahan Psychologist/ Emotional release techniques/ Armor Release Method</p>	<p>Technique said to treat emotional blockages and release negative emotions by stimulating acupuncture meridians to identify "vibration anomalies".</p>	<p>Broad-ranging: the technique is recommended for negative emotions, pain, blockages and psychological trauma.</p>	<p>No description has been given of the device's technical operation: there is no precise information on how the device measures the body's vibratory state.</p>	<ul style="list-style-type: none"> • Technique covered in the MIVILUDE guide on "Health and sectarian aberrations" • Practice described as a "psychologically oriented method" by MIVILUDES on the website www.derives-sectes.gouv.fr • Technique cited in the 2015 MIVILUDES activity report. 	<p>-</p>	<ul style="list-style-type: none"> ✓ Ruling no. 354171 of July 17, 2013 by the State council. ✓ Decision of the National Disciplinary Chamber no. 034-2010 of September 20, 2011
<p>SACRED FEMININITY (1/2)</p>	<p>The sacred femininity technique has its roots in spiritual and energetic traditions. It encourages individuals to reconnect with the essence of feminine energy, symbolizing intuition, creativity, sensitivity and harmony with natural cycles. Through practices such as meditation, intuitive dance and symbolic rituals, this technique aims to balance inner energies, develop deep self-awareness and honor the spiritual aspect of femininity.</p>	<p>Emotional, sexual, psychological and spiritual disorders.</p>	<ul style="list-style-type: none"> • Technique based on ancestral traditions and esoteric beliefs • The technique has not been scientifically validated • Technique used by various pseudo-therapists working in personal development and certain sect-like movements to attract women, particularly teenagers looking for points of reference, under the guise of feminism and spiritual emancipation 	<ul style="list-style-type: none"> • Technique cited in the MIVILUDES 2018-2020 annual activity report, stating that many courses on sacred femininity have also led to numerous concerns being raised and testimonials about a certain psychological control being exerted over vulnerable women • Technique cited in the 2021 MIVILUDES activity report, recommending particular vigilance with regard to this type of movement "which essentializes women by reducing them to genital organs or reproductive faculties, even though it is presented as a feminist movement designed to achieve personal fulfillment and lead to greater freedom" 	<p>-</p>	<p>-</p>

> Theoretical corpus: "Energy healing" techniques that aim to stimulate the energetic state of the human body

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>SACRED FEMININITY (2/2)</p>			<ul style="list-style-type: none"> • Technique offered through expensive courses where sect-like behavior may arise (manipulation, isolation from social groups, emotional dependence, etc.) • Technique strongly influenced by New Age ideology • Technique that is widely promoted and followed on social media 	<p>It also highlights the risk of esoteric and sect-like aberrations associated with this technique, which may lead to financial or psychological abuse. (https://www.miviludes.interieur.gouv.fr/sites/miviludes/files/medias/documents/2025-09/MIVILUDES-RAPPORT2021_web_%2010_09_2025.pdf)</p> <ul style="list-style-type: none"> • In recent years, INSERM has raised concerns about alternative therapeutic approaches, such as sacred femininity, which women suffering from endometriosis may be tempted to use (https://presse.inserm.fr/canal-detox/le-feminin-sacre-pour-lutter-contre-lendometriose-vraiment/) 		

> Theoretical corpus: Application of the concept of quantum physics to the human body which is claimed to have an effect on material and vibratory entities

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>BIOLOGICAL DECODING</p> <p>Christian Flèche, Nurse</p>	<p>Illness, pain and physical disorders are said to be the physical manifestations of a psychological malaise. The practitioner talks to the subject and, based on their symptoms, tries to identify an event in their life that may have triggered the pain or disorder.</p>	<p>Broad-ranging: all disorders can be treated using this procedure.</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery by the founder. 	<ul style="list-style-type: none"> • Technique cited in the MEZARD report no. 480 <i>“Dérives thérapeutiques et dérives sectaires: la santé en danger,”</i> resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. • Method listed under <i>“psychologically oriented methods”</i> by MIVILUDES. • Technique covered in the MIVILUDE guide on <i>“Health and sect-like aberrations”</i>. • Subject of the INSERM report of March 1, 2011 which concluded that the effectiveness of this practice has not been evaluated. • Technique cited in the MIVILUDES 2021 report on current practices in German New Medicine in 2021. 	<p>-</p>	<p>-</p>

> Theoretical corpus: theory of states and different levels of consciousness

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>SOPHROLOGY</p> <p>Founder: Alfonso Caycedo, Neuropsychiatrist</p>	<p>A mind-body practice based on relaxation techniques combined with breathing exercises and positive affirmations. (Imaging)</p>	<p>Aims to relieve a wide range of disorders, some functional (tinnitus), others psychological (anxiety), or to support patients undergoing extensive treatment due to illness (e.g. cancer treatment).</p>	<ul style="list-style-type: none"> • Abstract method. • There seems to be no limit to its scope (many indications and very wide audience). 	<ul style="list-style-type: none"> • The method is classified as a non-conventional healthcare practice (PSNC) on the website www.solidarités-santé.gouv.fr • INSERM published a report on February 21, 2021 which stated, “The data available is vastly insufficient to draw any conclusions about the efficacy of sophrology.” • The MIVILUDES guide on “Health and sectarian aberrations” warns against certain non-conventional therapeutic practices, including sophrology, because “their promises and recipes for healing, well-being and personal development are rooted in practices that present a risk of sect-like aberrations” www.derives-sectes.gouv.fr/sites/default/files/publications/francais/guide_sante_mars_2018_web.pdf • Technique cited in the 2021 MIVILUDES activity report under mindfulness meditation. 	<p>-</p>	<p>-</p>

> Theoretical corpus: theory of states and different levels of consciousness

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>EMDR: EYE MOVEMENT DESENSITIZATION AND REPROCESSING (EMDR) THERAPY</p> <p>Associated with EYE MOVEMENT THERAPY (EMT)</p> <p>Psychotherapy through eye movement</p> <p>Founder: Francine Shapiro, Psychologist, USA.</p>	<p>Psychotherapeutic technique said to treat the psychological, physical and relational impact of traumatic and disturbing life experiences. Sessions consist of asking the patient to relive the traumatic event in their mind, while following the movement of the practitioner's finger with their eyes. This stimulation is repeated as long as the memory continues to upset the patient.</p>	<p>Psychological traumas resulting in post-traumatic stress caused by an experience of abuse, bereavement, phobia or a catastrophic event.</p>	<ul style="list-style-type: none"> • Physiotherapists are not qualified to treat psychological or psychiatric disorders; they are neither psychologists, psychotherapists nor psychiatrists. • The EMDR technique has not been scientifically validated. • Proponents of this technique adhere to the concept of self-healing. 	<ul style="list-style-type: none"> • Practice defined as a "psychologically oriented method" by MIVILUDES: reported to carry a risk of undue mental influence by MIVILUDES. • Technique covered in the 2015 MIVILUDES activity report, which states that EMDR, whose effectiveness is partly recognized by the Haute Autorité de Santé (French National Authority for Health), is widely used by followers of Dr. Hamer, the founder of "German New Medicine", a physician by training known to MIVILUDES through numerous reports and convictions. INSERM, on the subject of "Post-traumatic stress disorders", defines these disorders as psychiatric disorders that occur after a traumatic event. They cause mental anguish and physical issues that have a profound effect on patients' personal, social and professional lives. According to INSERM, treatment is primarily based on psychotherapy (cognitive-behavioral therapy, EMDR): https://www.inserm.fr/dossier/troubles-stress-post-traumatique/. <p>(continued on next page)</p> <p>∨</p>	<p>-</p>	<p>-</p>

> Theoretical corpus: theory of states and different levels of consciousness

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>EMDR: EYE MOVEMENT DESENSITIZATION AND REPROCESSING (EMDR) THERAPY</p> <p>Associated with EYE MOVEMENT THERAPY (EMT)</p> <p>Psychotherapy through eye movement</p> <p>Founder: Francine Shapiro, Psychologist, USA.</p>				<ul style="list-style-type: none"> • Technique cited in the MEZARD report no. 480 "Dérives thérapeutiques et dérives sectaires: la santé en danger", resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health as being: <i>among the practices that are scientifically "unproven"</i>. 	-	-

 Theoretical corpus: Systemic methods

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>FAMILY CONSTELLATIONS</p> <p>Bert Hellinger Psychotherapist</p>	<p>Technique inspired by the concepts of psychogenealogy and psychodrama, that propose to heal trauma inherited from forebears and restore harmonious relationships within a family or organization. According to the founder, humans are affected by events and traumas experienced by their forebears (loss, injustice, exclusion, secrets, etc.). A family constellation is said to be used to identify and undo the emotional entanglements at play within the family system. According to the founder, "The purpose of systemic family therapy is to investigate the extent to which the fate of one member of the family, understood in the broadest sense, can be dramatically influenced by that of other family members who preceded them. The answer is to be found by setting up a family constellation. By shining a light on the family system, the client is able to free themselves from the entanglements by which they were imprisoned."</p>	<p>Multiple indications: emotional, relational, physical, psychiatric and psychosomatic disorders</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery by the founder • The technique has not been scientifically validated • Psychologically oriented technique, relying on intuition and emotions • Technique that is claimed to provide a definitive solution to all kinds of problems, whether physical or psychological issues 	<ul style="list-style-type: none"> • Technique cited in the annual report of MIVILUDES 2007 which indicates that family constellations are likely to have serious consequences for the equilibrium of people and of the structures they belong to; MIVILIDES considers that the term "systemic constellations" can be looked at as a generic term covering both the concepts of "family constellations" and that of "organizational constellations" (https://www.miviludes.interieur.gouv.fr/sites/miviludes/files/medias/documents/2025-07/Rapport_Miviludes_2007.pdf) • Technique cited in the 2018-2020 MIVILUDES annual activity report, classifying this technique under "tools or methods without scientific basis" (https://www.miviludes.interieur.gouv.fr/sites/miviludes/files/2025-04/PDF%20POUR%20LE%20WEB%20%28JT2024%29.pdf) 	<p>-</p>	<p>-</p>

> Theoretical corpus: Methods involving the use of so-called "passive" devices

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>CUPPING THERAPY</p> <p><i>Cupping therapy or Hijama</i> Founder unknown</p>	<p>Suction is created on the skin's surface to stimulate blood flow in the underlying tissues, which is claimed to have an anti-inflammatory and analgesic effect.</p> <p>Techniques used to administer this treatment vary according to the type of suction cups and the targeted effect. Most of the time, hot cups (a compress or absorbent cotton soaked in burning alcohol is ignited so that the heat creates a vacuum) are used.</p> <p>Other methods of application can be used: for example, creating a suction effect using a hand pump or silicone suction cups. Scarification is sometimes associated with cupping.</p>	<p>Technique recommended for musculoskeletal pain.</p>	<ul style="list-style-type: none"> • Technique presented as an ancient practice, but there is no correlation between how long a technique has existed and its effectiveness. • Technique that is widely promoted by influencers on social media, thanks to certain professional sportspeople. • Technique that has been widely criticized and disparaged (notably by the national council), having led to complications for certain subjects who have undergone this therapy. 	<ul style="list-style-type: none"> • <u>Technique cited in the 2018-2020 MIVILUDES activity report.</u> • <u>Technique cited in the 2021 MIVILUDES activity report providing an overview of sectarian risks in the health sector.</u> 	<p>✓<u>Opinion of the national council no. 2021-01 relating to cupping therapy.</u></p>	<ul style="list-style-type: none"> ✓<u>Decision of the National Disciplinary Chamber no. 06-10-2013 of April 6, 2015.</u> ✓<u>Decision of the National Disciplinary Chamber no. 007-2021 of March 15, 2022.</u>

> Theoretical corpus: Methods involving the use of so-called "passive" devices

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>BIORESONANCE THERAPY - ETIOSCAN</p> <p>The founder's identity is unknown but it is believed to be a Russian engineer working in the space industry</p>	<p>Device that is claimed to analyze the human body's energetic and vibratory state and have therapeutic effects that rebalance various functions, organs, tissues or cells.</p>	<p>This practice appears to be indicated for all types of disorders.</p>	<ul style="list-style-type: none"> No description has been given of the device's technical operation: there is no precise information on how the device measures the body's energetic state. 	<ul style="list-style-type: none"> Practice cited in the MEZARD report no. 480 "Dérives thérapeutiques et dérives sectaires: en danger," resulting from the study by the Senate commission of inquiry on the influence of sect-like movements in the field of health. Technique cited in the 2011-2012 MIVILUDES annual report on combating sect-like aberrations. 	<p>-</p>	<p>✓ Decision of the National Disciplinary Chamber no. 055-2014 of June 21, 2016</p>

> Theoretical corpus: Methods involving the use of so-called “passive” devices

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>LITHOTHERAPY</p> <p>also known as “crystal healing”</p>	<p>Pseudoscientific and non-conventional medical practice based on the belief in the healing power of certain crystals (quartz, amethyst, citrine, aquamarine, ruby, turquoise, etc.) when in contact with or near human beings. According to proponents of this practice, crystals are said to emit a unique “resonance” or “vibration” that has the power to cure illness or improve a person’s mental well-being.</p>	<p>Multiple indications: physical, emotional and psychological disorders.</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery, based on ancestral traditions and esoteric beliefs • The technique has not been scientifically validated • Each stone is associated with a specific ailment • Certain stones that are used can be toxic or dangerous (for example, raw malachite contains copper and can release toxic particles when handled or placed in water) • The effects experienced by lithotherapy users are often attributed to the placebo effect • The technique is often described using pseudoscientific terms such as “energy vibrations”, “cosmic frequencies” or “chakra cleansing”, which have no scientific basis whatsoever. 	<ul style="list-style-type: none"> • MIVILUDES has drawn attention to esoteric practices, including lithotherapy, which can be potentially dangerous for people who are already in a fragile condition. 	<p>-</p>	<p>-</p>

> Theoretical corpus: Methods involving the use of so-called “passive” devices

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>THE “BOL D’AIR JACQUIER” METHOD (1/2)</p>	<p>This technique is said to enable the inhalation of oxygenation catalysts. It claims to improve cellular oxygenation in cases of hypoxia caused by factors such as pollution, stress, or allergies.</p> <p>The “Bol d’air” is said to improve oxygen uptake in the cells through the natural properties of Orésine, a pine resin extract, by transforming its volatile parts into oxygen carriers. It is claimed to enhance oxygenation naturally, without the oxidative stress risks linked to either oxygen deficiency or excess.</p>	<ul style="list-style-type: none"> • Reactivates the natural process of oxygen uptake, which diminishes as a result of aging, stress, illness, and air and dietary pollution. • Boosts vitality, improves cellular oxygenation and stimulates anti-radical defenses 	<ul style="list-style-type: none"> • The technique has not been scientifically validated • Vague claims (boosts “vitality”, etc.) • Widely promoted on the Internet with extensive use of testimonials as evidence 	<ul style="list-style-type: none"> • Senate report no. 480 (2012-2013 ordinary session) on behalf of the commission of inquiry into the influence of sect-like movements in the field of health: see appendix APPENDIX V - VISIT TO THE PARIS WELLNESS EXHIBITION (Porte de Versailles - February 2013) A SUPERMARKET OF STRANGE THERAPEUTIC PRACTICES (page 260) https://www.senat.fr/rap/r12-480-1/r12-480-11.pdf • Ministerial decision of April 30, 2012 prohibiting, pursuant to Articles L. 5122-15 and R. 5122-26 of the French Public Health Code, advertising for an object, device or method presented as beneficial to health when it has not been established that said object, device or method demonstrates the properties advertised: https://www.legifrance.gouv.fr/jorf/id/JORFTEXT000026174887 “Concerning the “Bol d’air Jacquier” device, a study on the anti-oxidant activity of the device, the results of which cannot be extrapolated to humans insofar as it relates to rats, study abstracts which either concern 	<p>-</p>	<p>-</p>

> Theoretical corpus: Methods involving the use of so-called "passive" devices


Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>THE "BOL D'AIR JACQUIER" METHOD (2/2)</p>				<p>disorders unrelated to the claims made, or which have been conducted in vitro, thus preventing any interpretation of the results, as well as the presentation of clinical cases without any clinical and/or scientific evidence, and information documents on the device and its operation without any clinical and/or scientific evidence"</p> <ul style="list-style-type: none"> Ministerial decision of April 27, 2003 prohibiting, pursuant to Articles L. 5122-15, L. 5422-12, L. 5422-14 and R. 5055 to R. 5055-6 of the French Public Health Code, advertising for an object, device or method presented as beneficial to health when it has not been established that said object, device or method demonstrates the properties advertised: https://www.legifrance.gouv.fr/jorf/id/JORFTEXT00000245060 "considering that no scientific evidence has been provided by [...] to support these claims, advertising to promote a bol d'air Jacquier, in any form whatsoever, using the terms defined above, is prohibited" 	-	-

> Theoretical corpus: Methods involving the use of so-called "passive" devices

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>HEALY DEVICE</p> <p>Founder: Marcus Schmieke</p>	<p>The Healy device is presented and sold as a bioresonance apparatus. It uses individually determined frequencies to stimulate specific parts of the body, with the aim of helping to restore cell membrane tension to its natural level.</p>	<p>The Healy box is a device for the treatment of chronic pain and pain associated with fibromyalgia, musculoskeletal disorders and migraine, as well as for the adjunctive treatment of psychological disorders such as depression, anxiety and associated sleep disorders.</p>	<ul style="list-style-type: none"> • A discovery inspired by the founder himself • The technique has not been scientifically validated • It is primarily used today as a tool for wellness and energy alignment, that is more of an alternative or quantum approach. 	<p>-</p>	<p>-</p>	<p>✓ Decision no. 042-2024 of May 7, 2025 by the National Disciplinary Chamber</p>

Techniques requiring a warning from the council of the order..... 30/35

Given the lack of scientific studies, opinions from the French national council and case law, the French national council asks patients and physiotherapists to be extremely vigilant with regard to the use of these techniques.

 Theoretical corpus: "Energy healing" techniques that aim to stimulate the energetic state of the human body						
Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
FOOT REFLEXOLOGY William Hope Fitzgerald, ENT Physician	It is claimed that the sole of the foot has reflex points which can improve organ functioning when stimulated. By stimulating the defined zones corresponding to the organs mapped onto the sole of the foot, the practitioner is said to improve the function of the targeted organ and treat diseases.	Broad-ranging and general: the technique is claimed to improve all organ dysfunctions.	<ul style="list-style-type: none"> • Self-oriented personal discovery. 	-	-	-
KEPHRENOTHERAPY Guy Charles Essig	Treatment of energetic disorders after carrying out a "photographic energy assessment". The treatment is performed with a device known as "the Chromacup" which the "therapist" uses to reorganize the flow of energy in the body using electro-detecto-chroma-acupuncture.	Same indications as acupuncture, from which the treatment is derived.	<ul style="list-style-type: none"> • Hypothetical technique based on an idea by its founder. • Approach based on complex energy (e.g. use of the Kirlian photography effect, where a luminous halo appears around an object subjected to high electrical voltage). • Proponents of the technique claim that the color and shape of the photographic halo correspond to the object's energetic state. 	-	-	-

Techniques requiring a warning from the council of the order..... 31/35

Given the lack of scientific studies, opinions from the French national council and case law, the French national council asks patients and physiotherapists to be extremely vigilant with regard to the use of these techniques.

Theoretical corpus: "Energy healing" techniques that aim to stimulate the energetic state of the human body

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
TIBETAN BOWL THERAPY	<p>Ancestral technique involving the use of traditional metal singing bowls, mainly used for their sound and vibratory properties and claimed to have therapeutic benefits. These bowls are associated with meditation, relaxation and sometimes therapeutic practices. During a session, the practitioner places the Tibetan bowls on the body or makes them resonate nearby so that vibrations pass through the body.</p>	<p>Multiple indications: physical, emotional and psychological disorders.</p>	<ul style="list-style-type: none"> ● Technique presented as an ancient practice, but there is no correlation between how long a technique has existed and its effectiveness ● The technique has not been scientifically validated ● The effects felt by users are often attributed to the placebo effect 	-	-	-

Techniques requiring a warning from the council of the order..... 32/35

> Theoretical corpus: Application of the concept of quantum physics to the human body, which is claimed to have an effect on material and vibratory entities

Name of technique	Therapeutic approaches and/or claims	Indications and types of disorders targeted	Examples of reasons for vigilance	Warnings issued by public authorities and scientific bodies	Doctrine of the national council	Decisions issued by disciplinary courts and the State council
<p>BIOLOGICAL MEANING OF SYMPTOMS</p> <p>Stéphan Poirrier, Physiotherapist</p>	<p>Concept that claims to provide an explanation for all symptoms, by taking into account the subject's genealogy, feelings from the intrauterine period and birth, and emotionally-intense experiences since birth.</p>	<p>Broad-ranging: The method treats all symptoms, whether physical, psychological or behavioral.</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery. • Method that tends to make the individual feel guilty: (Example of statement made: <i>"This new perspective will provide you with other tools to become the author or co-author of your life and no longer just a spectator, because no healing can be achieved without making a mental effort to understand the meaning and coherence of the events that have caused your problems"</i>). (www.sensbiologiqueessymptomes.com) 	-	-	-

> Theoretical corpus: Method based on the existence of a primary respiratory movement initiated by cerebrospinal fluid

<p>ENERGY RESONANCE BY CUTANEOUS STIMULATION (ERCS)</p> <p>Patrick Fouchier, Physiotherapist</p>	<p>Performance of <i>"subtle cutaneous sensing, by creating resonance between two points, of vibratory and wave-type messages, perceived in the body's liquid and tissues"</i> (theoretical parallels with oceanographic laws) in order to evaluate and, if necessary, restore its fluidity. The founder claims to use the <i>"mapping of paths and points described in Chinese medicine, as well as some of its physiological observations"</i>. Finally, he claims to <i>"help the patient achieve a sense of relief, whatever the disorder and without acting as a substitute for medical treatment"</i>.</p>	<p>Broad-ranging: aims to treat all painful experiences (traumatic, post-operative) or chronic disorders (cancerous diseases but also rheumatic, neurological disorders, etc.).</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery. • Use of pseudo-scientific wording (e.g.: its founder claims to have <i>"developed an original, non-invasive approach over the last thirty years based on the perception of energy meridian points through the fingertips, and remote action through gentle surface stimulation and contact-listening, which results in the emission of resonance waves"</i>). 	-	-	-
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Techniques requiring a warning from the council of the order..... 33/35

> Theoretical corpus: Energy healing method based on vitalism

<p>SOMATO-PSYCHIC REHABILITATION</p> <p>Founder André Perceval</p>	<p>Technique that focuses on the patient rather than the symptoms, and which prioritizes identifying the cause of the disorder rather than simply treating its effects.</p> <p>No dissociation of the physical body from the mind: the emphasis is on listening to and deciphering the message emitted by the patient.</p> <p>Through this practice, the hands can be used as a tool to perceive the vibrations emitted by tissues, and then transmit this information to the therapist's brain.</p> <p>This is a mind-body practice based on techniques that help the patient to become an active participant in their own healing, by helping them to decipher the messages sent by the mind through the tissues and thus establish a link between the physical, emotional and mental bodies.</p>	<p>Imbalance of a person in relation to their ecological system (e.g. emotional trauma or psychological suffering such as distress or anxiety that may be expressed as pain in the body).</p>	<ul style="list-style-type: none"> • No scientific validation. • Psychologically oriented technique. 	<p>-</p>	<p>-</p>	<p>-</p>
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 **Theoretical corpus: Energy healing techniques drawing on the principles of “vitalism” that is said to involve stimulating so-called “vital” energy thus leading to self-healing**

<p>MICROPRIXIE</p> <p>Associated with microkinesitherapy</p>	<p>Treatment method that aims to regulate physical and emotional disorders by freeing patients from pain and dysfunction.</p> <p>A vital rhythm is said to pass through human tissues, which store traces of aggressions, which the practitioner is in turn said to be able to detect by applying their hands to the body, and thus have an effect that leads to healing (principle of self-regulation).</p>	<p>Various afflictions: physical, mental and environmental disorders</p>	<ul style="list-style-type: none"> • Self-oriented personal discovery • The technique has not been scientifically validated • A single technique is presented as a solution for many different indications • Technique relying on the practitioner’s intuition and feelings, based on life force. 	-	-	-
<p>NUTRIPUNCTURE®</p> <p>Dr Patrick VERET, physician</p>	<p>Nutripuncture is defined by its inventors as a “holistic” method which, according to them, enables the individual to be approached in their psycho-physical entirety and “informational” complexity.</p> <p>Nutripuncture is often presented by its promoters as a holistic approach to well-being, combining elements of nutrition, “energy” medicine and “traditional Chinese” medicine.</p> <p>Relying on “cellular intelligence” and the body’s “vital currents”, nutripuncture can identify imbalances or “short circuits” that may occur in the body as a result of difficult events, trauma, relational or climatic stress, and restore them naturally with the help of mineral complexes, “mediators of cellular cooperation”.</p>	<p>Functional, psychosomatic and emotional disorders:</p> <ul style="list-style-type: none"> • Stress disorders and disorders related to regulating the emotions: anxiety, irritability, sleep disorders, etc. • Chronic functional disorders: digestive disorders, respiratory problems, headaches, etc. • Disturbances in communication and behavior: relational difficulties, shyness, lack of confidence, etc. • Support through different stages of life: pregnancy, menopause, adolescence, bereavement, etc. • Optimisation of well-being and vitality: improved sleep patterns, recovery, creativity or memory, etc. 	<ul style="list-style-type: none"> • No scientific validation • Misuse of scientific vocabulary, likely to cause confusion among patients between a well-being approach and a therapeutic approach • A pseudo-scientific approach that tends to replace conventional medicine • Risk of undue mental influence • Use of pseudo-scientific wording, employing abstract or unproven concepts such as “cellular intelligence”, “vital currents”, “short circuits”, “mediators of cellular cooperation”, etc. • An all-encompassing vocabulary (epigenetics, PNEI, “quantum physics”) used in an analogical way without any corresponding protocol or operational variable. • Appeal to authority by referring to famous scientists (McClintock, Maturana & Varela, etc.), presented as “confirming” the principles, without any demonstrative link between their work and the specific claims. 	-	-	-

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> Theoretical corpus: Reflex stimulation of organ functions

<p>NIROMATHÉ METHOD</p>	<p>The Niromathé method is based on vibratory stimulation of specific points on the skin to relieve musculoarticular pain. This stimulation is said to send a signal to the nervous system that would be used to relieve spasms or reflex blockages, thus relieving acute or chronic pain.</p>	<p>The Niromathé method is used to treat various musculoskeletal and functional disorders, such as:</p> <ul style="list-style-type: none"> • acute or chronic pain (tendonitis, torticollis, lumbago, sciatica, osteoarthritis, etc.) • functional disorders (vertigo, tinnitus, digestive disorders, insomnia, anxiety, etc.) • paediatric pathologies (colic, excessive crying, sleep disorders) • post-traumatic or post-surgical rehabilitation 	<ul style="list-style-type: none"> • A discovery inspired by the founders themselves • The technique has not been scientifically validated • Proponents of this technique use the concept of self-healing. 	<p>-</p>	<p>-</p>	<p>-</p>
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